

Holistic Bible Study

"Let God's truth shape your mind, stir your heart, refine your motives, and direct your actions."

DIRECTIONS: > 1. **Choose a Story** – Pick a Bible story where people interact. > 2. **Read the Passage Twice** – Have two different people read it aloud. > 3. **Retell the Story** – A third person summarizes the passage in their own words. > 4. **Reflect & Discuss** – Use the Bible study questions below to explore the story, looking at what happened before and after the encounter. Start with STEP #1 and continue with STEP #2.

| STEP #1: PEOPLE Understand what is happening within the people in this passage | STEP #2: ME Apply the passage personally |
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| 1. Shape MIND → What shaped their mind? <ul style="list-style-type: none">• <i>What assumptions or beliefs did they hold?</i>• <i>How did God's truth challenge or reshape their thinking?</i> | 1. Shape MIND → What truth is shaping my mind? <ul style="list-style-type: none">• <i>What assumptions or beliefs am I bringing to this passage?</i>• <i>How is God's truth challenging or reshaping my thinking?</i> |
| 2. Stir HEART → How did this stir their hearts? <ul style="list-style-type: none">• <i>What emotions did they experience in this situation?</i>• <i>How did their emotions influence their perspective or responses?</i> | 2. Stir HEART → How is this stirring my heart? <ul style="list-style-type: none">• <i>What emotions am I experiencing in response to this passage?</i>• <i>How should my emotions come under Christ's lordship?</i> |
| 3. Refine MOTIVES → What motivated them? <ul style="list-style-type: none">• <i>Why did they want to do what they did?</i>• <i>Were their desires aligned with God's will or something else?</i> | 3. Refine MOTIVES → What is motivating me? <ul style="list-style-type: none">• <i>Why do I want to act in a certain way?</i>• <i>How is God refining my desires through this passage?</i> |
| 4. Direct ACTIONS → What actions did they take? <ul style="list-style-type: none">• <i>How did they respond to what they learned, felt and desired?</i>• <i>Did their response reflect obedience to God?</i> | 4. Direct ACTIONS → What action is God calling me to take? <ul style="list-style-type: none">• <i>How should I respond to what I am learning, feeling and desiring?</i>• <i>What specific step of obedience should I take?</i> |