

# Holistic Bible Study

**“Let God's truth shape your mind, stir your heart, refine your motives, and direct your actions.”**

**DIRECTIONS:** > 1. **Choose a Story** – Pick a Bible story where people interact. > 2. **Read the Passage Twice** – Have two different people read it aloud. > 3. **Retell the Story** – A third person summarizes the passage in their own words. > 4. **Reflect & Discuss** – Use the Bible study questions below to explore the story, looking at what happened before and after the encounter. Start with STEP #1 and continue with STEP #2.

STEP #1: <b>PEOPLE</b> Understand what is happening within the people in this passage	STEP #2: <b>ME</b> Apply the passage personally
<b>1. Shape MIND → What shaped their mind?</b> <ul style="list-style-type: none"><li>What assumptions or beliefs did they hold?</li><li>How did God's truth challenge or reshape their thinking?</li></ul>	<b>1. Shape MIND → What truth is shaping my mind?</b> <ul style="list-style-type: none"><li>What assumptions or beliefs am I bringing to this passage?</li><li>How is God's truth challenging or reshaping my thinking?</li></ul>
<b>2. Stir HEART → How did this stir their hearts?</b> <ul style="list-style-type: none"><li>What emotions did they experience in this situation?</li><li>How did their emotions influence their perspective or responses?</li></ul>	<b>2. Stir HEART → How is this stirring my heart?</b> <ul style="list-style-type: none"><li>What emotions am I experiencing in response to this passage?</li><li>How should my emotions come under Christ's lordship?</li></ul>
<b>3. Refine MOTIVES → What motivated them?</b> <ul style="list-style-type: none"><li>Why did they want to do what they did?</li><li>Were their desires aligned with God's will or something else?</li></ul>	<b>3. Refine MOTIVES → What is motivating me?</b> <ul style="list-style-type: none"><li>Why do I want to act in a certain way?</li><li>How is God refining my desires through this passage?</li></ul>
<b>4. Direct ACTIONS → What actions did they take?</b> <ul style="list-style-type: none"><li>How did they respond to what they learned, felt and desired?</li><li>Did their response reflect obedience to God?</li></ul>	<b>4. Direct ACTIONS → What action is God calling me to take?</b> <ul style="list-style-type: none"><li>How should I respond to what I am learning, feeling and desiring?</li><li>What specific step of obedience should I take?</li></ul>